

NORTHWOOD PTA & Namaste Neighborhood, Inc.
PERMISSION FORM

The Northwood PTA Health & Wellness Committee is offering yoga classes for 1st-5th graders. **Tuesdays will be for 3rd-5th graders**, beginning 10/11, and ending Nov.15th, 2011 (no class 11/8). **Thursdays will be for 1st-3rd graders**, beginning Oct.13 and ending Nov. 17th (no class 11/3). The class will be held in the gym from 4:00 pm to 5:05 pm. All students should be picked up by 5:10pm. If your child is unable to attend a class for any reason, feel free to make-up that class on another day that is convenient for you within that session. **Please sign in by adding your child's name and grade to the proper spreadsheet.** If you did not receive the email with these links, contact Janna or go to namasteneighborhood.yolasite.com.

Permission slips and payments are due the first day of class. Please send the signed slip with your child. Payment is \$40/ five week session and can be cash, PayPal (\$42, due to fee), or checks payable to Namaste Neighborhood, Inc. or NN Yoga. *for/ memo: student's name, please.*

Participants should wear comfortable clothing. They are welcome to bring a yoga mat, but there will be one provided. Food and drinks are not allowed in the gym; however, students should bring water and a light snack to eat in the hallway prior to class.

[Janna Drotos: 248-766-7179, jannadrotos@gmail.com]

I give permission for my child, _____, age _____, grade _____ to attend Northwood yoga classes.

I will be paying for class(es):

- I have sent payment with my child. I will pay at pick up.
 I have paid using PayPal at namasteneighborhood.yolasite.com ("NORTHWOOD")

★ I give permission to Namaste Neighborhood, Inc. to use photographs and/or videos obtained during any event to share with program participants, and/or be used for websites, facebook, print, or other publications. No names will ever be used (except for testimonials;). ➡ Initial: _____

★ There are times when a sweet (like a piece of chocolate) will be given "to savor". Please list any allergies I should be aware of, or write "none": _____

I hereby agree to irrevocably release and waive any claims that I and/or my child/children have now or hereafter may have against Janna Drotos, Namaste Neighborhood, Inc., and/or Northwood Elementary. I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which my child may incur as a result of participation in the program. I also understand that supportive and encouraging touch, massage, and partner and group interaction is an integral part of these classes. Furthermore, I give my child permission to go outside, remaining on Northwood grounds during class, weather permitting. I understand that all classes/events are non-refundable and non-transferable. All returned checks will be charged a \$35.00 processing fee. In case of an emergency, I give permission for my child to receive medical treatment. In case of such an emergency, please contact:

Parent/Guardian: _____ Signature: _____

Phone: _____ Email: _____ Date: _____

Other contacts (names/phone/relation): _____

Add'l. info about my child or pick-up: _____
